

HESTER WELCH

**COMMUNITY FACILITATOR, PRODUCER
& CREATIVE ENGAGEMENT CONSULTANT**



PROFILE

Collaboration, inclusivity and care are at the heart of my practice. I have 15 years of experience using creativity and nature to engage a range of needs/ages within a variety of settings across the world. I am passionate about facilitating spaces where connection, confidence and community thrive through holistic means. Guided by a lifelong connection to the environment, I have grown my Creative Health practice through wellbeing work and outdoor arts.

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TRAINING

ÉCOLE PHILIPPE GAULIER, PARIS 2018 - 2019

- Graduated from courses in Le Jeu, Clown, Mask, Melodrama, Shakespeare and Chekhov, Bouffon, Characters.

GOLDSMITHS, UNIVERSITY OF LONDON Drama and Theatre Arts BA, 2010-2013

- Training focused on Theatre Making, Applied Theatre and Post-Colonial Theatre.
- Winner of the Albina Magerl Creativity & Innovation Award

ADDITIONAL TRAINING

- Trained in Lecoq and Michael Chekhov movement practices, as well as clown and puppetry.

-CPD training in:
Trauma Informed Practice,
Embedding Access,
Creating Safe Spaces,
Cultural Awareness & Creating Welcoming Spaces,
Safeguarding for children and adults,
Writing For Wellbeing,
Decolonising Working Spaces & Inclusion,
De-escalation & Challenging Behaviour in Education Settings,
Positive Behaviour Management,
Equity in STEM,
Clown Activism

ADDITIONAL SKILLS

- International Theatre Performer, Director, Producer, Clown, Host and Activist.
- Experienced in directing and facilitating adults with mental health issues, young people, early years, teachers, refugees, asylum seekers, families and people with special needs, as well work with senior citizens.

EXPERIENCE (Highlights)

2025-2026, Movement Facilitator, Sunday JAM, with SEND young people & their families (nature inspired sessions), Bristol Beacon

2025, Applied Clowning/Play Facilitator for the International ABCS Psychologists Conference, Manchester

2025, Workshop Leader, Applied Clowning/Play, Avon & Wiltshire Mental Health Partnership NHS Trust

2024, Lead Artist & Facilitator, Storytelling In Stapleton Project, with migrant women & their children, Trinity Community Arts, Bristol

2024, Climate Action Leadership Programme participant, Eastside Community Trust, Bristol

2024, Creative Engagement Consultant & Facilitator Trainer for schools tour, Clifton Suspension Bridge Museum, Bristol

2023-25, Movement Facilitator for Pulse - music, movement and nature based sessions for adult wellbeing, Bristol Beacon Music Centre, Southmead, Bristol

2023-25, Clowning Tutor for BA Stage & Screen students, Bristol School of Acting.

2024, Workshop Leader, Eulogy Of The Fool, Bridge Farm, Bristol

2023-24, Live Science Communicator, Facilitator/Team Leader (**special interest: Environment**), We The Curious, Bristol

2023, Project Facilitator, 'Homemade' Pickling with women refugees, ACH/Bristol Old Vic Theatre

2023 & 2025, Public Speaking Course Leader for refugees & asylum seekers, Borderlands Charity, Bristol

2023, Facilitator & Producer, Adult Wellbeing Play Sessions, Trinity Community Arts garden/Spilt Ink Theatre, Bristol

2022-23, Facilitator, Nature Play for families, Trinity Community Arts/ Central Children's Centre, Bristol

2022, Masterclass Video Facilitator & Artist, Misfits Theatre (SEN), Bristol

2022-23, Course Creator, Facilitator & Partnership Founder, English Though Drama for Refugees & Asylum Seekers, Bristol Old Vic/Borderlands Charity/Spilt Ink Theatre

2022, Intergenerational Movement Facilitator for Family Day, Bristol Old Vic Theatre, Bristol

2022, Play Facilitator for SEN young people, Gympanzees, Bristol

2021-23, Drama Facilitator for Refugees, Migrants and ESOL Student Classes, Legal Aliens Theatre, London

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THEATRE MAKING

Current:

Co-Artistic Director & Artist,
Wayang Kitchen (Malaysia/UK)
[Since 2019, in hiatus]
IG: [@WayangKitchen](#)

Co-Founder & Associate Artist
Spilt Ink Theatre (UK) [Since 2021]
IG: [@Spilt Ink Theatre](#)

Associate Artist, DogLeg Theatre (UK)
[Since 2024]

Regular performer with Dragonbird
Theatre (UK) [since 2024]

Previous:

Founder & Event Manager, The Lost
Cabaret Bristol (UK).
[Since 2022]
IG: [@LostCabaretBristol](#)

Associate Artist and Trainer,
David Glass Ensemble (International)
[2016-2021]

Associate Artist, Omnibus Theatre (UK)
[2015-2021]

CONTACT DETAILS

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www.hesterwelch.com

REFERENCES AVAILABLE ON REQUEST

EXPERIENCE (Highlights) cont.

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2021-22, Producer, Artist & Facilitator, 'Nest' co-created young audiences performance, Spilt Ink Theatre/Trinity Community Arts commission & ACE funded project supported by Trinity, Jacari, The Egg. Workshops & performances with local primary schools, libraries and Bristol Refugee Festival, South West Tour 2020, Mindful Movement Facilitator, Online

2018, Visiting Speaker/Facilitator, Construing Creativity: From Theory to Practice event, Goldsmiths University of London

2018, Course Creator & Leader, Senior's 'Silver Scripts', Poplar Union, London, UK & Peninsular Productions, Vancouver, Canada

2017, Workshop Leader, 'Colour & The Senses', Oliver House Nursery, London, UK

2017-2018, Facilitator, Producer & Artist, 'The Food Play Project', Poplar Union, London, UK/ Wayang Kitchen & What About Kuching Festival, Malaysia

2017, Course Creator & Trainer, Drama Education for Teachers, Omnibus Theatre & CUEB University, Beijing, China

2017, Volunteer, Create & Cook, Free To Be Kids, London, UK

2016 - 2017, Drama Education Course Creator, Leader & Teacher Trainer (ages 3 - 12), Marphy's Playhouse, Chengdu, China

2016, Workshop Leader, Dynamic Interview Technique, Creative Awakenings in partnership with The Jobcentre, London, UK

2016, Outreach Facilitator & Project Manager 'Memory & Heritage through the Senses', Gruff Theatre, London, UK

2015, Volunteer, Cocktails in Care Homes, Magic Me, London

2015, Workshop Leader, Discover Nature Storytelling, Grasshopper & Lewisham Storytelling Festival, London, UK

2015, Volunteers Co-Ordinator, 'ABSENT' by dreamthinkspeak, Shoreditch Town Hall, London, UK

2015, Senior Mentor, The Challenge, National Citizens Service, London, UK

2014, Facilitator & Project Manager, Over 55s Arts Workshops, in partnership with Newham NDP, London, UK

2013, Project Leader, Facilitator & Artist, Intergenerational Tea Party Performance Project with seniors & young people, Goldsmiths University/OvalHouse Theatre/Deptford Green School, London